



## NEWS

### **Cemmaes 10 Mile Time Trail**

2 extra 10 mile TTs to take place on a new course at Cemmaes, dates are Thursday 16th July@ 7.pm and Thursday 20th Aug@ 7pm.

The course description is as follows:

Start a few yards before 'welcome' sign South of Cemmaes village on the A470, at entrance to Glasfryn residence and building unit. Proceed NORTH through Cemmaes and Cwm-Llynau to Mallywd (Brigands) island. Encircle island and retrace A470 SOUTH through Cwm-llynau and Cemmaes to finish opposite start point, at driveway to 'Pen Y Gyrn'.

This is a very exciting opportunity for the club to try out time trialling on an alternative course, especially one with not so many tough hilly bits in it! This new course should yield some faster times, but advance warning to all riders, just to take care through the villages as there will be parked cars. I hope to see plenty of club members on the night(s) and also I'm sure Ystwyth CC riders shall also be keen to try it out!

See you there!

Carl.